



**A Proclamation of  
National Flossing Day 2010**

*Whereas,*

**This Nation will once again have spent a full day focused on  
food, on Thanksgiving Day, November 25,**

**And it behooves each of us to floss after meals,**

*Therefore,*

**It is befitting and proper that the following day,  
November 26, 2010  
be celebrated as**

***National Flossing Day.***

**During that day each and every person is encouraged to  
consider the role flossing has played in his or her life during  
the previous year, and to celebrate flossing in order to  
Help Spread "Peace of Mouth"  
in their own lives and the lives of others around them,  
in ways with and without floss.**

**All citizens are encouraged to search for ways to experience  
the JOY OF FLOSSING  
and thereby move beyond negative reasons to floss.**

**On this special day, our children should also be made aware  
of the richness and health that flossing can bring to life.**

**Be this day so proclaimed in the name of all the Volunteers  
who have devoted time to the work of the  
National Flossing Council  
and to Help Spread "Peace of Mouth!"**

**Armand Lione  
President  
National Flossing Council  
Washington, DC  
[www.flossing.org](http://www.flossing.org)**